## **Moods and Shadows of Life**

Goswami Parijat N Professor and Head Department Microbiology The Gujarat Cancer & Research Institute, Asarwa, Ahmedabad, Gujarat, India. Corresponding Author: parijat.goswami@gcriindia.org

The *red glowing sun* seen from between the branches of neem tree, Rising slowly while I was walking, through a ray of light, through a ray of hope. The destruction around us; The pain and agony shading moods. The darkness spreading! The darkness covering the humans. The red glowing sun seen, grew into the yellow golden fire ball.

The *chirping of the birds* awakens and trickles the consciousness. The "Tehu" "Tehu" of the peacock, the "Chirp" "Chirp" of the chirping birds. The croaking of the crow, the melody of the koel. All Simply Vanished!

The *gloominess* spread around. Man is engulfed in 'life and death struggle' Whole life inevitably culminates to end in death!! Could it be "COVID" or Other? It can happen today or can happen tomorrow! The yellow golden fire ball grew. The day brightened. I completed normal work-out.

The *road showed movement* of activities. A two-wheeler passed and a rickshaw fellow on his peddles. A Thela (ठेला) person came with fruits and sold. And that red bus passed-by.

The *gloominess of death* lingered. People around were careless, fearless, and busy with their activities. That *yellow golden fire ball* declined - Hid behind the clouds. Left a message "Life is up and down" Participate! Participate!! and Participate!!! Get back to those chirping birds. The sparrow, the parrot, the bulbul, and the peacock, on the branches of that neem tree. Be busy with life. Life goes on - our mind gets stuck in fear, agony,

pain, and apprehension. All created and generated by us. Otherwise, life is that of "that morning" where that red glowing sun is seen, seen between the branches of "That neem tree".

And that *rising sun*, leaves an imprint, endowed with wisdom, understanding the beginless and endless life! That life continues through the phenomenon of ceaseless, endless, birth and death!! Sweetly the Koyal (कोयल) says believe in "Dheerta (धीरता)", with total self-restrain, with willingness to undergo and deal any miserable state of mind.

> Let us face the world engulfing "Ultra Micro Enemy" the COVID-19. The world is the same!

## Same is that red glowing sun.

Those chirping birds, that golden fire ball declining behind the clouds, leaving behind innumerable possibilities in front of us.

Possibilities are always endless.